



SIMPLY GOOD

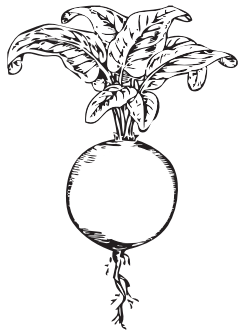
WRITE & TAG & DRAW

Write out your favorite meals that contain tomatoes. Draw your favorite.

MATCHING

Local food image to name of local food.

Tomatoes



Brussel Sprouts



Apples



Eggplant



Leeks



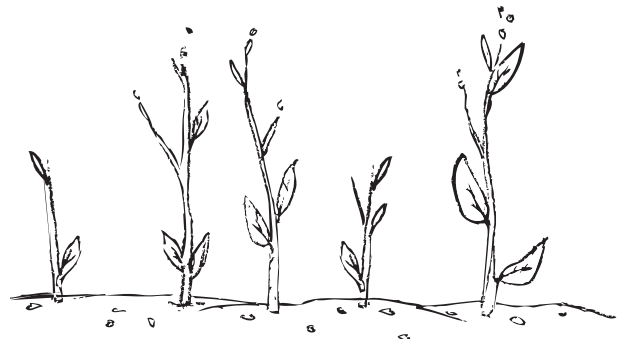
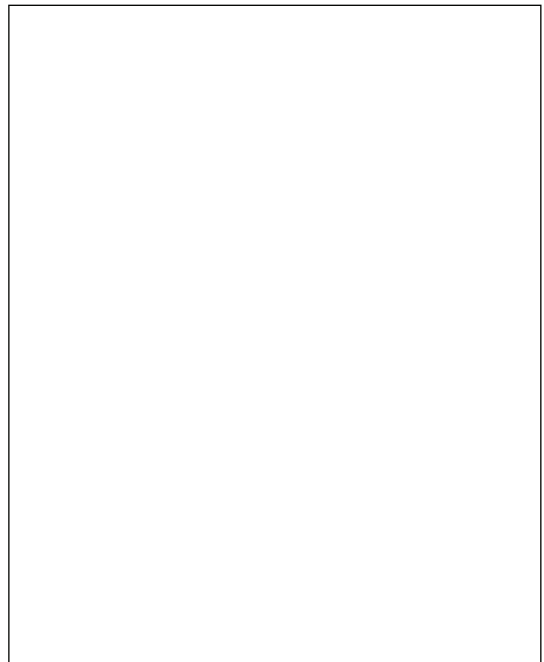
Asparagus



Beets



Butternut Squash



WEEKLY CHALLENGE:

Ask your mom or dad to make one meal that has a local fruit or vegetable in it. You can make the meal together and teach them about the importance of eating locally!

