

A full student lunch includes choice of entrée, TWO vegetable/fruit side dishes, and milk.

Daily milk choices include skim white, 1% white, and 1% chocolate

Station	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Favorite Comfort Foods & International Flavors Served Your Way in a Portable Bowl</p> <p style="text-align: center;">\$3.10</p>	BACKYARD BBQ BOWL: Honey BBQ Chicken Cheddar Potato Strips Seasoned Collard Greens Fresh Locally Grown Corn on the Cob Warm Breadstick Honey BBQ Sauce Fresh Chopped Green Onion	BREAKFAST BOWL: Sausage Gravy Homemade Biscuits Scrambled Eggs Hash Brown Patty Warm Baked Apple Slices Shredded Cheddar Cheese	AMERICAN DINER BOWL: Meat Loaf Macaroni and Cheese Mashed Potatoes Seasoned Green Beans Seasoned Mixed Veggies Whole Grain Dinner Roll Homemade Brown Gravy Green Parsley Flakes	CAJUN RICE (JAMBALYA) BOWL: Savory Crumbled Sausage, Diced Ham Cajun Brown Rice Steamed Brown Rice Warm Baked Apple Slices Fresh Baked Biscuit Spicy Tomato Sauce Fresh Chopped Green Onion	ITALIAN PASTA BOWL: Italian Marinated Chicken Fettuccini Whole Wheat Spaghetti Roasted Italian Vegetables Made w/ Zucchini & Green Peppers Seasoned Green Beans Garlic Twist Creamy Roasted Garlic Sauce, Red Marinara Sauce Roma Herb Seasoning Blend
<p>Spicy Chicken Sandwiches Available M-W-F Chicken Sandwiches Available T-TH \$1.85</p>	Turkey Corn Dog Nuggets Salsa and Bean Dip with WG Corn Chips Corn on the Cob Fresh Romaine Lettuce & Tomato	Breaded Chicken Tenders with Biscuit Lean Beef Burger with Cheese Roma Herb Potato Wedges Fresh Romaine Lettuce & Tomato	BLT Burger on WW Bun Chicken Nuggets w/ WG Biscuit Seasoned Mixed Veggies Fresh Romaine Lettuce & Tomato	BBQ Chicken on WW Bun Grilled Turkey Club Sandwich on Whole Wheat Warm Baked Apple Slices Fresh Romaine Lettuce & Tomato	Chicken Parmesan Wrap Southern BBQ Meatloaf Sandwich Roasted Italian Vegetables Fresh Romaine Lettuce & Tomato
<p>Ham or Turkey & Cheese Panini Available Daily \$2.40</p>	Pressed Beef & Bean Burrito	Made-To-Order Flatbread	Toasted Mozzarella & Pepperoni on Whole Wheat	Made-To-Order Pizza	Turkey & Swiss Panini
<p>Classic Cheese Pizza Made w/ Reduced Fat Cheese on Whole Grain Crust Fresh Baked Daily \$2.40</p>	Pepperoni Pizza on Whole Grain Crust Margarita Flatbread	Chicken Florentine Flatbread Triple Decker Bean Tostada	Pepperoni Pizza on Whole Grain Crust Cheese Stuffed Breadsticks with Dipping Sauce	Chicken Bruschetta Pizza Topped w/ Fresh Locally Grown Tomatoes Ham & Cheese Hot Pocket w/ Tomato Dipping Sauce	Grilled Veggie Pizza w/ Local Veggies on Whole Grain Crust BBQ Chicken Pizza
<p>Cold Sandwiches & Salads Made Fresh Your Way Available Daily: Tortilla Wraps & Assorted Homemade Breads Turkey, Ham, Chicken Salad, Chilled Breaded Chicken American & Pepper Jack Cheese Iceberg/Romaine Lettuce, Tomato, Onions, Cucumbers \$2.65</p>	Made to Order SANDWICH Bar Special: Turkey Club Wrap	Made to Order SANDWICH Bar Special: Parisian Ham & Cheese Wrap	Made to Order SANDWICH Bar Special: Whole Grain Turkey Pita Pockets w/ Lettuce, Tomato & Cranberry Mayo	Made to Order SALAD Bar Special: Mandarin Orange Chicken Salad w/ Homemade Sesame Soy Vinaigrette Dressing & Crackers	Made to Order SANDWICH Bar Special: Classic Chicken Salad
<p>Fresh Mexican Cuisine Daily Selections Prepared to your Specification Using Unique Fresh Ingredients with Traditional Favorites \$3.10</p>	Chicken Taco Beef Taco Refried Beans Mexican Rice Fajita Vegetables Whole Wheat Tortilla	Chicken Taco Pork Carnita Black Beans Yellow Rice Golden Corn Whole Wheat Tortilla	Chicken Taco Chicken Fajita Charro Beans Cilantro Rice Fajita Vegetables Whole Wheat Tortilla	Chicken Taco Macho Nacho Seasoned Pinto Beans Fiesta Rice Golden Corn Whole Wheat Tortilla	Chicken Taco Fish Taco Pinto Beans Cuban Rice Fajita Vegetables Whole Wheat Tortilla
<p>Cold Fruit & Vegetable Bar Offered Daily Featuring fresh seasonal produce including local items as available</p>	Homemade Coleslaw Caesar Romaine Salad with Croutons Chilled Pears Fresh Orange Wedges	Caesar Romaine Side Salad w/ Croutons Southwest Corn & Black Bean Salad Fresh Local Apples Chilled Peaches	Homeade Coleslaw Tossed Salad w/ Light Dressing Fruit Crisp Chilled Mandarin Oranges	Marinated Tomato & Cucumber Salad Made w/ Locally Grown Cucumbers & Tomatoes Tossed Salad w/ Light Dressing Chilled Pineapples Fresh Banana	Homeade Coleslaw Carrot Sticks Fruit Crisp Chilled Applesauce

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 <p>Favorite Comfort Foods & International Flavors Served Your Way in a Portable Bowl</p> <p>\$3.10</p>	<p>SWEET N SOUR CHICKEN BOWL:</p> <p>Popcorn Chicken</p> <p>Oriental Fried Rice Steamed Brown Rice</p> <p>Roasted Red and Green Bell Peppers</p> <p>Stir Fry Vegetables</p> <p>Crunchy Asian Topping</p> <p>Whole Grain Dinner Roll</p> <p>Sweet N Sour Sauce</p> <p>Fresh Chopped Green Onion</p>	<p>ITALIAN PASTA BOWL:</p> <p>Bow Tie Pasta Whole Grain Penne</p> <p>Shredded Part Skim Mozzarella</p> <p>Steamed Broccoli</p> <p>Whole Wheat Toasted Garlic Bun</p> <p>Red Marinara Sauce with Meatballs</p> <p>Creamy Roasted Garlic Sauce</p> <p>Roma Herb Seasoning Blend</p>	<p>BREAKFAST BOWL</p> <p>Whole Grain Waffles</p> <p>Turkey Sausage Patty</p> <p>Tater Tots</p> <p>Warm Apples & Peaches</p> <p>Warm Maple Syrup</p>	<p>ORANGE GINGER CHICKEN BOWL:</p> <p>Popcorn Chicken</p> <p>Steamed Brown Rice Fried Rice</p> <p>Fresh Steamed Broccoli</p> <p>Fresh Stir Fry Vegetables</p> <p>Sesame Breadstick</p> <p>Homemade Orange Ginger Sauce</p> <p>Chopped Green Onion</p>	<p>CHICKEN PARM BOWL:</p> <p>Breaded Chicken Cutlet</p> <p>Seasoned Pasta Whole Wheat Spaghetti</p> <p>Seasoned Mixed Veggies</p> <p>Roasted Italian Butternut Squash</p> <p>Fresh Baked Breadstick</p> <p>Red Marinara Sauce</p> <p>Shredded Part Skim Mozzarella</p>
 <p>Spicy Chicken Sandwiches Available M-W-F Chicken Sandwiches Available T-TH</p> <p>\$1.85</p>	<p>Buffalo Chicken Snyders</p> <p>Lean Beef Burger with Cheese on WW Bun</p> <p>Roma Herb Potato Wedges</p> <p>Fresh Romaine Lettuce & Tomato</p>	<p>Jalapeno Turkey Burger on a Whole Wheat Bun</p> <p>Stromboli Grinder</p> <p>Steamed Broccoli</p> <p>Fresh Romaine Lettuce & Tomato</p>	<p>Breaded Chicken Tenders w/ Biscuit</p> <p>Pulled Pork on WW Bun</p> <p>Green Beans</p> <p>Fresh Romaine Lettuce & Tomato</p>	<p>Salsa Chicken Wrap</p> <p>Grilled BBQ Chicken on WW Bun</p> <p>Fresh Broccoli w/ Shredded Cheese</p> <p>Fresh Romaine Lettuce & Tomato</p>	<p>Cheese Steak Sandwich</p> <p>Roast Turkey Pita Pocket</p> <p>Roma Herb Potato Wedges</p> <p>Fresh Romaine Lettuce & Tomato</p>
 <p>Ham or Turkey & Cheese Panini Available Daily</p> <p>\$2.40</p>	<p>Grilled Reuben on Rye</p>	<p>Made-To-Order Flatbread</p>	<p>Toasted Italian Meatball Hero</p>	<p>Made-To-Order Pizza</p>	<p>Cheese Quesadilla</p>
 <p>Classic Cheese Pizza Made w/ Reduced Fat Cheese on Whole Grain Crust Fresh Baked Daily</p> <p>\$2.40</p>	<p>Pepperoni Pizza on Whole Grain Crust</p> <p>Pizza w/ Roasted Italian Vegetables</p>	<p>Pepperoni Pizza on Whole Grain Crust</p> <p>Cheeseburger Flatbread</p>	<p>Hot Dog Twist</p> <p>Italian Stromboli w/ Tomato Dipping Sauce</p>	<p>Whole Wheat Pizza Dunkers w/ Shredded Cheese & Tomato Dipping Sauce</p> <p>Hawaiian Pizza</p>	<p>Red Hot Chicken Pizza on Whole Grain Crust</p> <p>Cheese Fingers Rip and Dip</p>
 <p>Cold Sandwiches & Salads Made Fresh Your Way</p> <p>Available Daily: Tortilla Wraps & Assorted Homemade Breads Turkey, Ham, Chicken Salad, Chilled Breaded Chicken American & Pepper Jack Cheese Iceberg/Romaine Lettuce, Tomato, Onions, Cucumbers</p> <p>\$2.65</p>	<p>Made to Order SANDWICH Bar</p> <p>Special: Chicken Caesar Wrap</p>	<p>Made to Order SANDWICH Bar</p> <p>Special: Santa Fe Turkey and Cheddar Wrap</p>	<p>Made to Order SANDWICH Bar</p> <p>Special: Classic Chicken Salad on Whole Wheat w/ Lettuce & Tomato</p>	<p>Made to Order SANDWICH Bar</p> <p>Special: Roast Beef Wrap with Golden Honey Mustard</p>	<p>Made to Order SALAD Bar</p> <p>Special: Asian Six Treasure Chicken Salad w/ Homemade Sweet N Sour Dressing & Whole Wheat Roll</p> <p>Peachy Yogurt Parfait</p>
 <p>Fresh Mexican Cuisine Daily Selections Prepared to your Specification Using Unique Fresh Ingredients with Traditional Favorites</p> <p>\$3.10</p>	<p>Chicken Taco</p> <p>Beef Taco</p> <p>Refried Beans</p> <p>Mexican Rice</p> <p>Fajita Vegetables</p> <p>Whole Wheat Tortilla</p>	<p>Chicken Taco</p> <p>Pork Carnita</p> <p>Black Beans</p> <p>Yellow Rice</p> <p>Golden Corn</p> <p>Whole Wheat Tortilla</p>	<p>Chicken Taco</p> <p>Chicken Fajita</p> <p>Charro Beans</p> <p>Cilantro Rice</p> <p>Fajita Vegetables</p> <p>Whole Wheat Tortilla</p>	<p>Chicken Taco</p> <p>Macho Nacho</p> <p>Seasoned Pinto Beans</p> <p>Fiesta Rice</p> <p>Golden Corn</p> <p>Whole Wheat Tortilla</p>	<p>Chicken Taco</p> <p>Fish Taco</p> <p>Pinto Beans</p> <p>Cuban Rice</p> <p>Fajita Vegetables</p> <p>Whole Wheat Tortilla</p>
 <p>Cold Fruit & Vegetable Bar Offered Daily Featuring fresh seasonal produce including local items as available</p>	<p>Fruit Goop</p> <p>Crunchy Spinach Salad</p> <p>Chilled Pears</p> <p>Fresh Orange Wedges</p>	<p>Carrot Sticks</p> <p>Homemade Coleslaw</p> <p>Fruit Goop</p> <p>Chilled Mixed Fruit</p>	<p>Tossed Salad w/ Light Dressing</p> <p>Petite Bananas</p> <p>Chilled Applesauce</p> <p>Carrot Sticks</p>	<p>Caesar Romaine Side Salad w/CROUTONS</p> <p>Chilled Pineapple</p> <p>Veggie Crudites Cup</p> <p>Fruit Goop</p>	<p>Fresh Apple</p> <p>Apple Salad Made</p> <p>Caesar Romaine Side Salad w/ CROUTONS</p> <p>Celery Sticks</p>

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 <p>Favorite Comfort Foods & International Flavors Served Your Way in a Portable Bowl</p> <p>\$3.10</p>	<p>ITALIAN PASTA BOWL:</p> <p>Bow Tie Pasta Whole Grain Rotini</p> <p>Shredded Part Skim Mozzarella</p> <p>Steamed Broccoli Butternut Squash</p> <p>Whole Wheat Toasted Garlic Bun</p> <p>Red Marinara Sauce with Meatballs Creamy Roasted Garlic Sauce</p> <p>Roma Herb Seasoning Blend</p>	<p>ORANGE GINGER CHICKEN BOWL:</p> <p>Popcorn Chicken</p> <p>Steamed Brown Rice Oriental Fried Brown Rice</p> <p>Seasoned Carrots Fresh Stir Fry Veggies</p> <p>Sesame Breadstick</p> <p>Homemade Orange Ginger Sauce</p> <p>Chopped Green Onion</p>	<p>BACKYARD BBQ BOWL:</p> <p>Fresh Roasted Southern Style BBQ Pork</p> <p>Cheesy Macaroni</p> <p>Cinnamony Sweet Potatoes Seasoned Green Beans</p> <p>Fresh Baked Biscuit</p> <p>Honey BBQ Sauce</p> <p>Chopped Green Onion</p>	<p>SAUCY CHICKEN BOWL:</p> <p>Pineapple Glazed Chicken</p> <p>Mashed Potatoes Bread Stuffing Made w/ Whole Wheat</p> <p>Seasoned Mixed Veggies</p> <p>Whole Grain Dinner Roll</p> <p>Pineapple Glaze Honey BBQ Sauce</p> <p>Green Parsley</p>	<p>BRUNCH FOR LUNCH BOWL</p> <p>Frizzled Ham</p> <p>WW Pancakes</p> <p>Potato Wedges</p> <p>Hot Biscuit</p> <p>Peach Cobbler</p> <p>Shredded Cheddar</p>
 <p>Spicy Chicken Sandwiches Available M-W-F Chicken Sandwiches Available T-TH \$1.85</p>	<p>Buffalo Chicken Sandwich</p> <p>Lean Beef Burger with Cheese</p> <p>Roma Herb Potato Wedges</p> <p>Fresh Romaine Lettuce & Tomato</p>	<p>Salsa Chicken Wrap</p> <p>Grilled Ham and Cheese on Whole Wheat Bread</p> <p>Broccoli w/ Shredded Cheddar Cheese</p> <p>Fresh Romaine Lettuce & Tomato</p>	<p>Turkey & Cheese Bagel Melt</p> <p>Jalapeno Turkey Burger on Whole Wheat Bun</p> <p>Cinnamony Sweet Potatoes</p> <p>Fresh Romaine Lettuce & Tomato</p>	<p>Fish Sandwich with Cheese on a Whole Wheat Bun (Sustainable Seafood)</p> <p>Corn Dog</p> <p>Mixed Vegetables</p> <p>Fresh Romaine Lettuce & Tomato</p>	<p>Chicken Parm Wrap</p> <p>Grilled Turkey and Cheese on WW Bread</p> <p>Warm Baked Apple Slices</p> <p>Fresh Romaine Lettuce & Tomato</p>
 <p>Ham or Turkey & Cheese Panini Available Daily \$2.40</p>	<p>Pizza Panini Wrap</p>	<p>Made-To-Order Flatbread</p>	<p>Chicken Pesto Panini</p>	<p>Made-To-Order Pizza</p>	<p>Turkey Mozzarella Flatbread</p>
 <p>Classic Cheese Pizza Made w/ Reduced Fat Cheese on Whole Grain Crust Fresh Baked Daily \$2.40</p>	<p>Buffalo Chicken Pizza on Whole Grain Crust</p> <p>Margarita Flatbread</p>	<p>Pepperoni Pizza on Whole Grain Crust</p> <p>Whole Wheat Pizza Dunkers w/ Shredded Cheese & Tomato Dipping Sauce</p>	<p>Veggie Lover's Pizza on Whole Grain Crust</p> <p>Italian Chicken Hot Croissant</p>	<p>Pepperoni Pizza on Whole Grain Crust</p> <p>Triple Decker Bean Tostados w/ Salsa</p>	<p>Philly Cheese Steak Pizza on Whole Grain Crust</p> <p>Chicken Florentine Flatbread</p>
 <p>Cold Sandwiches & Salads Made Fresh Your Way</p> <p>Available Daily: Tortilla Wraps & Assorted Homemade Breads Turkey, Ham, Chicken Salad, Chilled Breaded Chicken American & Pepper Jack Cheese Iceberg/Romaine Lettuce, Tomato, Onions, Cucumbers \$2.65</p>	<p>Made to Order SANDWICH Bar</p> <p>Special: Triple Decker Turkey Club on Whole Wheat</p>	<p>Made to Order SANDWICH Bar</p> <p>Special: Neapolitan Hero w/ Balsamic Vinaigrette & Vegetable Pasta Salad</p>	<p>Made to Order SALAD Bar</p> <p>Special: Buffalo Style Chicken Salad w/ Toasted Flatbreads & Homemade Ranch Dressing</p>	<p>Made to Order SANDWICH Bar</p> <p>Special: Peanut Butter & Apple Whole Wheat Roll Ups</p>	<p>Made to Order SANDWICH Bar</p> <p>Special: Turkey & Swiss Ciabatta w/Dijon Mustard</p>
 <p>Fresh Mexican Cuisine Daily Selections Prepared to your Specification Using Unique Fresh Ingredients with Traditional Favorites \$3.10</p>	<p>Chicken Taco</p> <p>Beef Taco</p> <p>Refried Beans</p> <p>Mexican Rice</p> <p>Fajita Vegetables</p> <p>Whole Wheat Tortilla</p>	<p>Chicken Taco</p> <p>Pork Carnita</p> <p>Black Beans</p> <p>Yellow Rice</p> <p>Golden Corn</p> <p>Whole Wheat Tortilla</p>	<p>Chicken Taco</p> <p>Chicken Fajita</p> <p>Charro Beans</p> <p>Cilantro Rice</p> <p>Fajita Vegetables</p> <p>Whole Wheat Tortilla</p>	<p>Chicken Taco</p> <p>Macho Nacho</p> <p>Seasoned Pinto Beans</p> <p>Fiesta Rice</p> <p>Golden Corn</p> <p>Whole Wheat Tortilla</p>	<p>Chicken Taco</p> <p>Fish Taco</p> <p>Pinto Beans</p> <p>Cuban Rice</p> <p>Fajita Vegetables</p> <p>Whole Wheat Tortilla</p>
 <p>Cold Fruit & Vegetable Bar Offered Daily Featuring fresh seasonal produce including local items as available</p>	<p>Tossed Salad w/ Light Dressing</p> <p>Petite Bananas</p> <p>Chilled Mixed Fruit</p> <p>Carrot Sticks</p>	<p>Vegetable Pasta Salad</p> <p>Chilled Pineapples</p> <p>Carrot Sticks</p> <p>Chilled Peaches</p>	<p>Tossed Salad w/Light Dressing</p> <p>Fresh Local Apples</p> <p>Chilled Pears</p> <p>Vegetable Pasta Salad</p>	<p>Spinach Romaine Salad w/Strawberries</p> <p>Veggie Pasta Salad</p> <p>Fresh Bananas</p> <p>Carrot Sticks</p>	<p>Tossed Salad w/ Light Dressing</p> <p>Fresh Orange Wedges</p> <p>Vegetable Pasta Salad</p> <p>Crunchy Spinach Salad</p>

Warren Central High School Lunch Menu

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<p>Favorite Comfort Foods & International Flavors Served Your Way in a Portable Bowl</p> <p style="text-align: center;">\$3.10</p>	<p>NORTHEAST ASIAN RICE BOWL:</p> <p>Korean Braised Ribbies</p> <p>Steamed Brown Rice</p> <p>Fresh Carrots & Onions</p> <p>Bok Choy with Garlic and Ginger</p> <p>Crunchy Asian Topping</p> <p>Garlic Sesame Sauce</p> <p>Fresh Chopped Green Onion</p>	<p>MASHED POTATO BOWL:</p> <p>Breaded Popcorn Chicken</p> <p>Mashed Potatoes Seasoned Corn Roasted Carrot Fries</p> <p>WG Bread Stick</p> <p>Homemade Chicken Gravy</p> <p>Fresh Shredded Carrot</p>	<p>BRUNCH FOR LUNCH BOWL</p> <p>Whole Grain French Toast Sticks</p> <p>Scrambled Eggs</p> <p>Sausage Link</p> <p>Potato Wedges</p> <p>Warm Peaches</p> <p>Warm Syrup</p>	<p>AMERICAN DINER BOWL:</p> <p>Roast Turkey w/ Gravy</p> <p>Bread Stuffing Made w/ Whole Wheat</p> <p>Mashed Sweet Potatoes Seasoned Green Beans</p> <p>Whole Grain Dinner Roll</p> <p>Turkey Gravy</p> <p>Cranberry Sauce</p>	<p>ITALIAN PASTA BOWL:</p> <p>Saucy Italian Meatballs</p> <p>Whole Wheat Spaghetti Curly Rotini Pasta</p> <p>Fresh Steamed Veggie Medle Broccoli Salad</p> <p>Toasted Whole Grain Garlic Bun</p> <p>Red Marinara Sauce</p> <p>Roma Herb Seasoning Blend</p>
<p>Spicy Chicken Sandwiches Available M-W-F Chicken Sandwiches Available T-TH</p> <p style="text-align: center;">\$1.85</p>	<p>Hot Chili Burger w/ Monterey Jack</p> <p>Chicken Cordon Bleu on WW</p> <p>Broccoli w/ Shredded Cheese</p> <p>Fresh Romaine Lettuce & Tomato</p>	<p>Whole Grain Breaded Chicken Corn Dog Nuggets w/ Biscuit</p> <p>Roast Beef and Cheese Wrap</p> <p>Roasted Carrot Fries</p> <p>Fresh Romaine Lettuce & Tomato</p>	<p>Pizza Burger on a Whole Wheat Bun</p> <p>Chicken Snack Wraps</p> <p>Baked Potato</p> <p>Fresh Romaine Lettuce & Tomato</p>	<p>Breaded Chicken Parm Sandwich</p> <p>Country Skillet Breakfast Wrap</p> <p>Green Beans</p> <p>Fresh Romaine Lettuce & Tomato</p>	<p>Turkey Wrap</p> <p>Cheese Quesadilla with Yogurt Salsa</p> <p>Steamed Veggie Medley</p> <p>Fresh Romaine Lettuce & Tomato</p>
<p>Ham or Turkey & Cheese Panini Available Daily</p> <p style="text-align: center;">\$2.40</p>	<p>Toasted Meatball Parmesan Panini</p>	<p>Made-To-Order Flatbread</p>	<p>Cheese Quesadilla</p>	<p>Made-To-Order Pizza</p>	<p>Philly Steak & Cheese</p>
<p>Classic Cheese Pizza Made w/ Reduced Fat Cheese on Whole Grain Crust Fresh Baked Daily</p> <p style="text-align: center;">\$2.40</p>	<p>Pepperoni Pizza on Whole Grain Crust</p> <p>Red Hot Chicken Pizza</p>	<p>Chicken Tostado Flatbread</p> <p>Whole Wheat Pizza Bagels</p>	<p>Hawaiian Pizza on Whole Grain Crust</p> <p>Cheese Finger Rip & Dips w/ Tomato Dipping Sauce</p>	<p>Pepperoni Pizza on Whole Grain Crust</p> <p>Hot Taco Pocket</p>	<p>Ham & cheese Stromboli</p> <p>Whole Grain Mexican Pita Pizzas</p>
<p>Cold Sandwiches & Salads Made Fresh Your Way</p> <p>Available Daily: Tortilla Wraps & Assorted Homemade Breads Turkey, Ham, Chicken Salad, Chilled Breaded Chicken American & Pepper Jack Cheese Iceberg/Romaine Lettuce, Tomato, Onions, Cucumbers</p> <p style="text-align: center;">\$2.65</p>	<p>Made to Order SANDWICH Bar</p> <p>Special: Chicken Caesar Wrap</p>	<p>Made to Order SANDWICH Bar</p> <p>Special: Parisian Ham & Cheese Wrap</p>	<p>Made to Order SALAD Bar</p> <p>Special: Popcorn Chicken Salad w/ Homemade Spicy Dressing</p>	<p>Made to Order SANDWICH Bar</p> <p>Special: Roast Beef and Swiss Bagel with Cajun mayo</p>	<p>Made to Order SANDWICH Bar</p> <p>Special: Santa Fe Turkey & Cheddar Wrap</p>
<p>Fresh Mexican Cuisine Daily Selections Prepared to your Specification Using Unique Fresh Ingredients with Traditional Favorites</p> <p style="text-align: center;">\$3.10</p>	<p>Chicken Taco</p> <p>Beef Taco</p> <p>Refried Beans</p> <p>Mexican Rice</p> <p>Fajita Vegetables</p> <p>Whole Wheat Tortilla</p>	<p>Chicken Taco</p> <p>Chicken Fajita</p> <p>Black Beans</p> <p>Yellow Rice</p> <p>Golden Corn</p> <p>Whole Wheat Tortilla</p>	<p>Chicken Taco</p> <p>Fajita Chicken</p> <p>Charro Beans</p> <p>Cilantro Rice</p> <p>Fajita Vegetables</p> <p>Whole Wheat Tortilla</p>	<p>Chicken Taco</p> <p>Macho Nacho</p> <p>Seasoned Pinto Beans</p> <p>Fiesta Rice</p> <p>Golden Corn</p> <p>Whole Wheat Tortilla</p>	<p>Chicken Taco</p> <p>Fish Taco</p> <p>Pinto Beans</p> <p>Cuban Rice</p> <p>Fajita Vegetables</p> <p>Whole Wheat Tortilla</p>
<p>Cold Fruit & Vegetable Bar Offered Daily Featuring fresh seasonal produce including local items as available</p>	<p>Sweet Corn Salad</p> <p>Romaine Tossed Salad</p> <p>Chilled Mixed Fruit</p> <p>Fresh Orange Wedges</p>	<p>Celery Sticks</p> <p>Carrot Sticks</p> <p>Sweet Chewy Raisins</p> <p>Fresh Pears</p>	<p>Sweet Corn Salad</p> <p>Caesar Romaine Side Salad w/ Croutons</p> <p>Fresh Local Apples</p> <p>Chilled Peaches</p>	<p>Tossed Salad w/ Light Dressing</p> <p>Corn & Black Bean Salad</p> <p>Petite Bananas</p> <p>Chilled Mixed Fruit</p>	<p>Sweet Corn Salad</p> <p>Carrot Sticks</p> <p>Tossed Salad w/ Light Dressing</p> <p>Cinnamon Applesauce</p>

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Station	Monday	Tuesday	Wednesday	Thursday	Friday
 <p>Favorite Comfort Foods & International Flavors Served Your Way in a Portable Bowl</p> <p style="text-align: center;">\$3.10</p>	<p>HAM DINNER BOWL:</p> <p>Baked Ham</p> <p>Cinnamon Sweet Potatoes</p> <p>Steamed Peas</p> <p>Whole Grain Dinner Roll</p> <p>Honey Mustard Glaze</p> <p>BBO Sauce</p>	<p>MEDITERRANEAN BOWL:</p> <p>Tarragon Marinated Chicken</p> <p>Brown Veggie Rice</p> <p>Roasted Italian Vegetables</p> <p>Warm Whole Wheat Pita Bread</p> <p>Homemade Taziki Sauce</p> <p>Chopped Green Onion</p>	<p>MASON'S CHOICE BOWL:</p> <p>Pennsylvania Dutch Chicken</p> <p>Egg Noodles</p> <p>Seasoned Peas & Carrots</p> <p>Fresh Biscuit</p> <p>Fresh Parsley</p>	<p>MOM'S MASHED POTATO BOWL:</p> <p>Herb Roasted Chicken Leg Quarter</p> <p>Baked Sweet Potato</p> <p>Fresh Glazed Carrots</p> <p>Sweet Peas</p> <p>Whole Wheat Toasted Garlic Bun</p> <p>Homemade Chicken Gravy</p> <p>Fresh Parsley</p>	<p>BRUNCH FOR LUNCH BOWL:</p> <p>Scrambled Eggs, Crumbled Sausage</p> <p>Herb Roasted Potatoes</p> <p>Fresh Orange Wedges</p> <p>Warm Baked Apple Slices</p> <p>Whole Wheat Pancake Warm Syrup</p> <p>Shredded Cheddar</p>
 <p>Spicy Chicken Sandwiches Available M-W-F Chicken Sandwiches Available T-TH</p> <p style="text-align: center;">\$1.85</p>	<p>Whole Grain Chicken Nuggets</p> <p>Lean Beef Burger with Cheese</p> <p>Golden Corn</p> <p>Fresh Romaine Lettuce & Tomato</p>	<p>Philly Cheese Steak on a Roll</p> <p>Grilled Teriyaki Turkey Sandwich on Kaiser</p> <p>Fruit Crisp</p> <p>Fresh Romaine Lettuce & Tomato</p>	<p>Alpine Swiss Burger on WG Bun</p> <p>Triple Decker Toasted Cheese on Whole Wheat</p> <p>Roma Herb Potato Wedges</p> <p>Fresh Romaine Lettuce & Tomato</p>	<p>Breaded Popcorn Chicken w/ Toasted Garlic Bun</p> <p>Ham and American Cheese Breakfast Flatbread Fold</p> <p>Sweet Peas</p> <p>Fresh Romaine & Tomato</p>	<p>Greek Breaded Chicken Sandwich on a WW Bun</p> <p>Meatball Parmesan Pizza Wrap</p> <p>Warm Baked Apple Slices</p> <p>Fresh Romaine Lettuce & Tomato</p>
 <p>Ham or Turkey & Cheese Panini Available Daily</p> <p style="text-align: center;">\$2.40</p>	<p>Chicken Ranchero Wrap</p>	<p>Made-To-Order Flatbread</p>	<p>Toasted Stromboli Grinder</p>	<p>Made-To-Order Pizza</p>	<p>Turkey Bacon Ranch Panini</p>
 <p>Classic Cheese Pizza Made w/ Reduced Fat Cheese on Whole Grain Crust Fresh Baked Daily</p> <p style="text-align: center;">\$2.40</p>	<p>Pepperoni Pizza on Whole Grain Crust</p> <p>Roasted Veggie Supreme Flatbread</p>	<p>Whole Wheat Pizza Dunkers w/ Shredded Cheese & Tomato Dipping Sauce</p> <p>Sausage Pizza</p>	<p>Chicken & Roma Tomato Whole Grain Pita Pizza</p> <p>Cheese Fingers Rip and Dip w/ Tomato Dipping Sauce</p>	<p>Pepperoni Pizza on Whole Grain Crust</p> <p>Turkey & Cheese Hot Pocket w/ Tomato Dipping Sauce</p>	<p>Ham and Pineapple Pizza on Whole Grain Crust</p> <p>Margherita Flatbread</p>
 <p>Cold Sandwiches & Salads Made Fresh Your Way</p> <p>Available Daily: Tortilla Wraps & Assorted Homemade Breads Turkey, Ham, Chicken Salad, Chilled Breaded Chicken American & Pepper Jack Cheese Iceberg/Romaine Lettuce, Tomato, Onions, Cucumbers</p> <p style="text-align: center;">\$2.65</p>	<p>Made to Order SANDWICH Bar</p> <p>Special: Ham and Cheese Sub</p>	<p>Made to Order SANDWICH Bar</p> <p>Special: Buffalo Chicken Salad on Whole Wheat Bagel</p>	<p>Made to Order SALAD Bar</p> <p>Special: Monterey Ranch Chicken Salad w/ Homemade Ranch Dressing & Toasted Flatbreads</p>	<p>Made to Order SANDWICH Bar</p> <p>Special: Roast Beef & Swiss on WG Sub Bun w/ Golden Honey Mustard</p>	<p>Made to Order SANDWICH Bar</p> <p>Special: Santa Fe Turkey and Cheddar Wrap</p>
 <p>Fresh Mexican Cuisine Daily Selections Prepared to your Specification Using Unique Fresh Ingredients with Traditional Favorites</p> <p style="text-align: center;">\$3.10</p>	<p>Chicken Taco</p> <p>Beef Taco</p> <p>Refried Beans</p> <p>Mexican Rice</p> <p>Fajita Vegetables</p> <p>Whole Wheat Tortilla</p>	<p>Chicken Taco</p> <p>Pork Carnita</p> <p>Black Beans</p> <p>Yellow Rice</p> <p>Golden Corn</p> <p>Whole Wheat Tortilla</p>	<p>Chicken Taco</p> <p>Chicken Fajita</p> <p>Charro Beans</p> <p>Cilantro Rice</p> <p>Fajita Vegetables</p> <p>Whole Wheat Tortilla</p>	<p>Chicken Taco</p> <p>Macho Nacho</p> <p>Seasoned Pinto Beans</p> <p>Fiesta Rice</p> <p>Golden Corn</p> <p>Whole Wheat Tortilla</p>	<p>Chicken Taco</p> <p>Fish Taco</p> <p>Pinto Beans</p> <p>Cuban Rice</p> <p>Fajita Vegetables</p> <p>Whole Wheat Tortilla</p>
 <p>Cold Fruit & Vegetable Bar Offered Daily Featuring fresh seasonal produce including local items as available</p>	<p>Petite Banana</p> <p>Green Goddess Salad</p> <p>Chilled Mixed Fruit</p> <p>Mandarin Oranges</p>	<p>Fresh Local Apples</p> <p>Crunchy Spinach Salad</p> <p>Chilled Peaches</p> <p>Fruit Crisp</p>	<p>Chilled Pineapples</p> <p>Green Goddess Pasta Salad</p> <p>Carrot Sticks</p> <p>Sweet Chewy Raisins</p>	<p>Caesar Romaine Salad w/Croutons</p> <p>Chilled Pears</p> <p>Apple Salad</p> <p>Green Goddess Pasta Salad</p>	<p>Chilled Cinnamon Applesauce</p> <p>Fresh Orange Wedges</p> <p>Tossed Salad w/ Light Dressing</p> <p>Pear Raisin Salad</p>

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